

# Andy Johnson

Executive Coach, Speaker, Author



Andy Johnson is an executive coach of quiet leaders (introverts and ambiverts), a team dynamics expert, professional speaker and author of several books including **Pushing Back Entropy: Moving Teams from Conflict to Health**. He is part of Price Associates, an elite team of leadership performance consultants. He blends his prior experiences as a therapist and a founder and president of an architectural design firm with his executive coaching expertise to serve for-profit and non-profit organizations.

Andy has worked with a variety of organizations to help them and their leaders build healthier, more conflict-free teams. He focuses on all aspects of team health from a holistic and systemic perspective, helping them achieve greater success at all levels. He is well-suited to help teams both prevent and resolve interpersonal team conflict.

Andy is a social introvert who has always led in every organization he's been a part of. He combines his prior leadership knowledge and experience with his deep understanding of people to provide a unique mix of directness and honesty with compassion and encouragement. Andy has a Bachelor of Architecture degree from Cal Poly, San Luis Obispo and a Master of Science degree from Northwest Nazarene University. He is also a licensed professional counselor (LPC) in the state of Idaho and a certified professional behaviors, motivators and emotional intelligence analyst.

“ When I first heard Andy speak at a local employers group, I said to myself, ‘This is a guy I could learn something from.’ Subsequently I have come to know him well and he continues to help me learn and grow.

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– Leadership Development Consultant,  
Western State Equipment Co.

## Speaking

Andy's in-depth and analytical approach to the topics he engages combines with his clear, direct and personable delivery to provide a deep emotional and cognitive connection with his audiences. He deftly combines the best in current thought with his own personal stories, illustrations and anecdotes to challenge people to question the status quo and move toward greater degrees of team and individual health.

## Topics

Andy speaks on any issue related to healthy team development, conflict reduction and leadership. The following are five of Andy's most interesting presentations:

### Yin and Yang Leadership

In this presentation, Andy compares Eastern culture (yin) with Western culture (yang) as it relates to stereotypes and expectations of leadership. He argues for the need to maintain good balance between these two diverse and complementary leadership styles.

### Pushing Back Entropy: Preventing Conflict in Your Team

Most of us lack a thorough model of conflict. This leaves us ill-prepared to deal with conflict when it predictably shows itself in our teams. Andy presents not only a model that takes the mystery out of the origins of conflict, but also a corresponding model of prevention at all levels.

### Pushing Back Entropy: Moving Your Team Toward Health

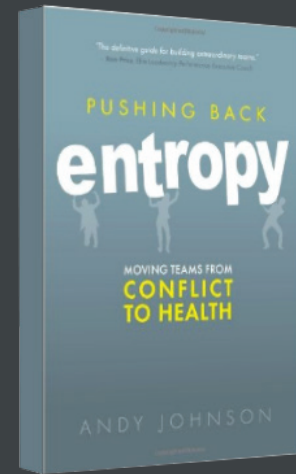
Healthy teams achieve greater results at all levels. This presentation describes a five-component model of team health. Andy's talk incorporates audience assessment of current levels of team health as measured against the model.

### EQ Matters

Emotional intelligence is arguably the most important metric for teams to monitor. Gains in emotional intelligence exponentially affect team success and well-being. In this presentation, Andy explains and applies a five-fold model of EQ that forms the basis of the assessment he uses to measure team emotional intelligence.

### The End of Conflict: Strategies to Resolve Differences

Once conflict happens, teams need proven strategies to successfully move toward resolution and renewed relationships. Andy presents a clear, multi-level approach to the all-too-frequent problem of interpersonal conflict in work teams.



## HEALTHY TEAM DEVELOPMENT



I love working with Andy Johnson! It didn't take long to discover that Andy is an absolute wealth of information. He possesses a deep reservoir of relevant and tangible resources, helping leaders overcome obstacles that keep them from becoming their best.



– Dallis Fontenot – Corporate Development, ESI

Andy is available for keynotes, ½ day and full day workshops and retreats.



For more information or to book Ron for an event, please email Sharon Brooks at [sharon@price-associates.com](mailto:sharon@price-associates.com) or call (208) 442-0556

