

# Whit Mitchell

Executive Coach, Speaker, Author



Whit Mitchell is a team dynamics expert, executive coach, professional speaker and author of *Working in Sync: How Eleven Dartmouth Athletes Propelled Their College Sports Experience into Professional Excellence*. He is the founder and CEO of Working InSync International. Over the past 30 years, Whit has worked with startup companies, non-profits, professional organizations and a mix of Fortune 500 companies and public and private businesses.

Whit has worked with a variety of organizations to help them create and build dynamic teams. He helps teams work effectively together, develop skills that are critical to their success, and discover ways to build better relationships both inside and outside their organizations. Whit works with organizations to create teams that are positioned properly in the marketplace with a concise focused plan for staying on track.

Whit's experience with teams started as a rowing coach at the University of New Hampshire and continued into his career as an Executive Coach. In addition to his expertise in team development, Whit has worked with top executive development programs at Tuck School of Business, Harvard University and Columbia University. His work with athletes and coaches include the U.S. Olympic Rowing Teams, Dartmouth College, The United States Coast Guard Academy and The University of New Hampshire.

“ Whit brings a fresh perspective to many of the old business “standards” and consistently writes new material, turning much of his corporate experience into very lively tales that provide valuable lessons. ”

## Speaking

Whit's down-to-earth, warm personality and engaging style allows him to truly connect with audiences. Using his life-changing personal experiences, Whit weaves a winning combination of storytelling, humor and down-to-business action points that inspire people to examine their behavior and challenge them to do and be more.

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Over the course of the past ten years Whit has given numerous presentations to our entire office. Whit is warm, friendly, direct, clear, concise and produces a great value for time spent. Across the board, every single agent and staff member has commented that Whit Mitchell's seminars and presentations are some of the best we have ever experienced. I still get positive feedback from agents years later.

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– Edward Redpath, Owner Coldwell Banker Redpath & Co Realtors