

# Justin Skeesuck & Patrick Gray

Lifelong Friends, Inspirational Adventurers,  
Creators of "I'll Push You"



**Leading Through Vulnerability. This dynamic duo achieved the impossible: completing the epic 500 mile pilgrimage called the Camino de Santiago... One friend pushing another in a wheelchair.**

It all started with these simple words: "I'll Push You."

Two lifelong best friends, Justin Skeesuck & Patrick Gray, successfully completed "The Way of St. James", more commonly known as the Camino de Santiago, a 500 mile epic pilgrimage across the vast terrain of northern Spain. However, Justin was pushed in a wheelchair by Patrick the entire way!

Over the past 20+ years, a progressive neuromuscular disease has slowly taken away Justin's ability to use his arms and legs. He requires daily assistance from feeding to bathing and everything in between. Though immensely challenging, Justin has never decreased his capacity to live life to the fullest and maintains a positive attitude through it all.

In the spring of 2012, Justin had the deep desire to tackle the Camino, but he knew he needed help. He asked Patrick about his insane idea and his response was simple and direct. He said "I'll push you."

Over the course of their 34 day journey, they faced immense challenges from France all the way to the Cathedral in Santiago. They had to rely on the help and strength of friends, acquaintances and even complete strangers!

Upon returning from Spain, they have used their heartfelt storytelling and the lessons they have learned in faith, hope, love and friendship to help organizations learn how to lead through a position of vulnerability.

## About Justin & Patrick

A husband and father of three children, Justin looks at every new chapter of life as a challenge to be conquered. Professionally, he is called "The Disabled Traveler" where he teaches and encourages individuals with limited mobility to travel anywhere they choose. Additionally, he consults with tourism-centric, higher education and health care organizations to bring greater access to the disabled community.

Patrick is also a husband and father of three children. A Registered Nurse and former healthcare administration director, Patrick uses his skill sets and expertise to assist Justin in traveling and with the many aspects of The Disabled Traveler.

Justin and Patrick have been featured and interviewed on NBC, ABC, Fox & Friends, Huffington Post, People.com, The Meredith Vieira Show, many worldwide news media outlets and recently delivered a TEDx talk.

Both Justin and Patrick are both based out of the Boise, Idaho area.

To learn more about their journey & upcoming documentary, please visit:

[illpushyou.com](http://illpushyou.com).

## Topics

Justin and Patrick speak regarding faith, community, and leadership. They are available for keynotes, workshops, conferences and retreats worldwide.

**The Power of Community:** The Importance of Community in Creating Successful Lives

**Leadership:** Leading Through Vulnerability

**Friendships:** The Dynamics of Successful Friendships

**Pushing Beyond Limitations:** Perceived Limitations Should Never Define You

**Faith in Action:** Relying on What You Cannot See

“ A presentation offered by Patrick Gray and Justin Skeesuck entitled “I’ll Push You,” was among the liveliest, most searing and memorable events that we in the Garaventa Center for Catholic Intellectual Life and American Culture offered this past year. Their talk was stimulating spiritually and intellectually, and I endorse it enthusiastically for anyone contemplating booking Justin & Patrick for their next event!

– Dr. Karen Eifler / Professor of Education and Co-Director, Garaventa Center for Catholic Intellectual Life and American Culture, University of Portland.

“ If you’re looking for an inspirational message about friendship, commitment, overcoming challenges, or the power of community, then I urge you to hire Justin and Patrick for your next speaking event. They will deliver, your attendees will be inspired, and you will look like a genius for deciding to share with your company, members, or conference attendees a life changing adventure.

– Ben Quintana / Manager for Leadership Development St. Luke’s Health System



Watch Justin & Patrick’s recent TEDxBoise Talk about their 500- mile trek on the Camino across the vast terrain of Northern Spain.

Visit: [tinyurl.com/illpushyou](https://tinyurl.com/illpushyou)

“ One of the unique aspects of this speaking team is that the audience is given the perspective of a friend and co-journeyer. As powerful a story as Justin’s life is, it is equally moving to hear Patrick’s side of the story and to hear how emotionally straining it is to watch a best friend suffer. In a world that is often consumed with the superficial, our campus found ourselves struggling with the deeper truths of life: love, sacrifice, courage and community.

– Dustin & Olivia Metcalf / University Chaplains Northwest Nazarene University

Justin & Patrick are available for keynotes, ½-day and full-day workshops & retreats.



For more information please email Nichole MacDowall at [nichole@price-associates.com](mailto:nichole@price-associates.com) or call +1.208.442.0556