

Andy Johnson

Executive Coach, Speaker, Author



Andy Johnson is an executive coach of quiet leaders (introverts and ambiverts), a team dynamics expert, professional speaker and author of several books, including *Introvert Revolution: Leading Authentically in a World That Says You Can't*. He is part of Price Associates, an elite team of leadership performance advisors. He blends his prior experiences as a therapist and the founder and president of an architectural design firm with his executive coaching expertise to serve organizations.

Andy has worked with a variety of organizations to help them build healthy, conflict-free teams. He focuses on all aspects of team health from a holistic and systemic perspective, helping them achieve greater success at all levels. He is well-suited to help teams both prevent and resolve interpersonal team conflict.

Andy has a Bachelor of Architecture degree from Cal Poly, San Luis Obispo and a Master of Science degree from Northwest Nazarene University. He is also a licensed professional counselor (LPC) in the state of Idaho and a certified professional behaviors, motivators and emotional intelligence analyst.

“ When I first heard Andy speak at a local employers group, I said to myself, ‘This is a guy I could learn something from.’ Subsequently I have come to know him well and he continues to help me learn and grow. ”

– Leadership Development Consultant,
Western State Equipment Co.

Speaking

Andy's in-depth and analytical approach combines with his clear and personable delivery to provide a deep emotional and cognitive connection with his audiences. He deftly combines the best in current thought with his own personal stories, illustrations and anecdotes to challenge people to question the status quo and move toward greater degrees of team and individual health.

Andy is a social introvert who has led in every organization he's been a part of. He combines his prior leadership knowledge and experience with his deep understanding of people to provide a unique mix of directness and honesty with compassion and encouragement.

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Topics

Andy speaks on healthy team development, conflict reduction, culture and leadership. The following are some of Andy's most popular presentations:

Yin and Yang Leadership

In this presentation, Andy compares Eastern culture (yin) with Western culture (yang) as it relates to stereotypes and expectations of leadership. He argues for the need to maintain good balance between these two diverse and complementary leadership styles.

Pushing Back Entropy: Moving Your Team Toward Health

Most of us lack a thorough model of conflict. This leaves us ill-prepared to deal with conflict when it predictably shows itself in our teams. Andy presents a model that takes the mystery out of the origins of conflict, and also a corresponding model of prevention at all levels.

Convergence: Turning differences Into Team Strengths

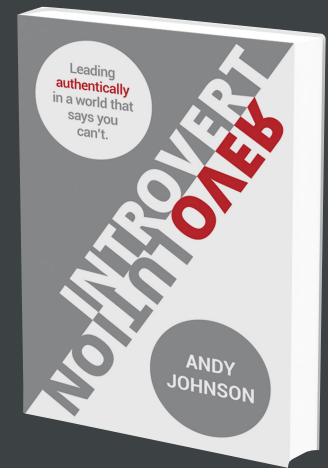
This session examines the differences between team members that can sometimes be a source of conflict, and helps participants leverage these disparities into strengths to create a diverse team that achieves a superior level of performance. For each of the dimensions, attendees will better understand themselves and others who differ on the team, and learn practical strategies to appreciate and leverage divergent patterns.

EQ Matters

Emotional intelligence is arguably the most important metric for teams to monitor. Gains in emotional intelligence exponentially affect team success and well-being. In this presentation, Andy explains and applies a five-fold model of EQ that forms the basis of the assessment he uses to measure team emotional intelligence.

The End of Conflict: Strategies to Resolve Differences

Once conflict happens, teams need proven strategies to successfully move toward resolution and renewed relationships. Andy presents a clear, multi-level approach to the all-too-frequent problem of interpersonal conflict in work teams.



I love working with Andy Johnson! It didn't take long to discover that Andy is an absolute wealth of information. He possesses a deep reservoir of relevant and tangible resources, helping leaders overcome obstacles that keep them from becoming their best.

– Dallis Fontenot – Corporate Development, ESI



Andy is available for keynotes, 1/2-day and full-day workshops and retreats.



For more information please email Nichole MacDowall at nichole@price-associates.com or call +1.208.442.0556